

# BASE Course Syllabus



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## **Minimum Requirements:**

200 skydives, good parachuting skills, ability to pack a main canopy.

## **Overview:**

The Nitro Rigging BASE jump course is a 6-day full immersion course held at the Perrine Bridge in Twin Falls Idaho, one of the few legal BASE sites in the US.

The course is conducted by Nick Rugai, Ph.D., sole owner of Nitro Rigging and it is only available to customers who purchase a full BASE system from Nitro Rigging.

The course focuses on gear set up for any delay, packing, different types of exit, emergency procedures, unpacked jumps, canopy flight and accuracy, BASE theory, BASE rigging, and the basic “ethical” principles. If the weather cooperates students are expected to go back home with more than 20 jumps.

The course hopes to give students basic fixed-object principles in order to pursuit BASE jumping. The course will not make anyone a BASE jumper due to the nature of the

object (the Perrine Bridge is 486' high, single span, and with a grassy landing area larger than a football field, in all not your typical BASE object)

The course is pretty intense both physically and mentally. We have typically 12 hour-jumping days. Of course breaks are given but we try to keep things moving at a good pace.

We highly recommend getting in contact with an experienced BASE jumper in your area who will guide you through the exploration of more advanced objects and the continuation of your BASE career after you have completed the course.

**Where to fly to:**

You can fly directly to Twin Falls (TWF), Boise (BOI) that's about 2 hours away, or Salt Lake City (SLC) about three hours away. Usually airfares to SLC are the cheapest.

**Where to stay:**

We recommend the Holiday Motel due to its weekly very low prices. When you book your room mention Nick Rugai and that you are a BASE jumper for discounts. The Holiday Motel is located on 615 Addison Ave W, Twin Falls, ID (208) 733-4330 and features single-bed rooms.

The Shilo Inns located on 1586 Blue Lakes Boulevard North, Twin Falls, ID 83301-3311 (208) 733-7545 is well-liked by most jumpers due to its indoor packing facilities, large rooms with multiple beds, and complementary breakfast but at a higher price tag (if you share the room it might be the better deal).

There are also other Motels on Blue Lakes Blvd such as Motel 6, Super 8, Best Western, Red Lion, Comfort Suites, etc.

**Tentative Schedule (highly weather dependent):**

**Day one (8AM-8PM):**

Packing, BASE theory (gear set-up), basic exits, PCA jumps, Static Line jumps, canopy control and accuracy

**Day two (8AM-8PM):**

Hand-held jumps, BASE theory (object evaluation), basic exits, canopy control and accuracy

**Day three (8AM-8PM):**

Hand-held jumps, BASE theory (very low jumps), basic exits, canopy control and accuracy

**Day four (8AM-8PM):**

Stowed jumps, BASE theory (sub-terminal jumps), basic exits, canopy control and accuracy

**Day five (8AM-8PM):**

Stowed jumps, BASE theory (terminal jumps and tracking), advanced exits, canopy control and accuracy, unpacked jumps

**Day six (8AM-12AM):**

Stowed jumps, BASE theory (wingsuit BASE, basic aerial principles), advanced exits, canopy control and accuracy, unpacked jumps, night jumps